



## Contact Us

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# H.O.P.E

HIV OUTREACH, PREVENTION,  
AND EDUCATION PROGRAM

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# Common Questions

## What is HIV?

- HIV or Human Immunodeficiency virus is a virus that attacks an immune system.
- When not treated it can lead to the progression of AIDS or Acquired Immunodeficiency Syndrome
- There is currently no cure for HIV
- ART or antiretroviral therapy now allows HIV to be controlled and people are able to live long lives when taken as prescribed.

## What is PrEP?

- PrEP is pre-exposure prophylaxis, and when taken as prescribed, is highly effective at reducing chances of getting HIV.
- PrEP is shown to be safe and effective at preventing HIV infection and is FDA approved



**I care about my  
community**

**I care about my  
health**

**I care about my  
partner(s)**

**+** **I know my  
HIV status** **-**

**Ending HIV/AIDS  
starts with you**

# The Problem

## STATISTICS

- About 13% of the approximately 1.2 million people in the U.S. have HIV and are unaware.
- Gay, bisexual and other men who have sex with men (MSM) are the population most affected by HIV in the U.S.
- Hispanics/Latinx represent 18% of the U.S. population in 2019 but accounted for 30% of new HIV diagnoses.
- Blacks/African Americans represented 13% of the U.S. population in 2019 but accounted for 44% of new HIV diagnoses.

## QUICK TIPS

- Get tested regularly
- Don't share needles
- Practice safe sexual behaviors
- Limit number of partners
- Start PrEP

**In addition to COSMO Health  
Center Primary Care Services....**

**HIV/STD testing  
PrEP Prescriptions  
Condom distribution**